



Fall Sports 2022

Season End Recap





2022 Cheerleading

Head Coach: Vanessa Giroux



River Hawks Cheerleading

- Brought the Pep at Football games and Pep Rally!
- Non-Competition Season
- Performed at halftime of Home Football games
- Great collaboration with FHS Band and SuperFans!





2022 Boys' Crew

Head Coach: Laura 'Doc' Butterfield



River Hawks Boys' Crew



- Very successful 'Long Season'
- Great performance at Head of Riverfront (Hartford)
- Swept the races at the Pumpkinhead Regatta!





2022 Girls' Crew

Head Coach: Kirsten Preskenis



River Hawks Girls' Crew

- Largest Roster in recent history!
- Won the Hayley Petit Cup, annual regatta with Miss Porters.
- Strong performances at regattas across New England!





2022 Boys' Cross Country

Head Coach: MaryJeanne Buonocore



River Hawks Boys' XC



- 1-6 Regular Season Record
- Competed in one of the toughest divisions in the State
- Enjoyed standout performances for several athletes!





2022 Girls' Cross Country

Head Coach: MaryJeanne Buonocore



River Hawks Girls' XC

- 2-5 Regular Season Record
- Notable wins:
 - Conard
 - Northwest Catholic
- 2 All-Conference Athletes
- 1 All-State and State Open Qualifier!





2022 Field Hockey

Head Coach: Sadie Robinson



River Hawks Field Hockey



- 9-4-1 Record
- Qualified for CIAC Tournament
- Finished 3rd in the CCC North
- 3 All-Conference Athletes
- 1 All-State Athletes





2022 Football

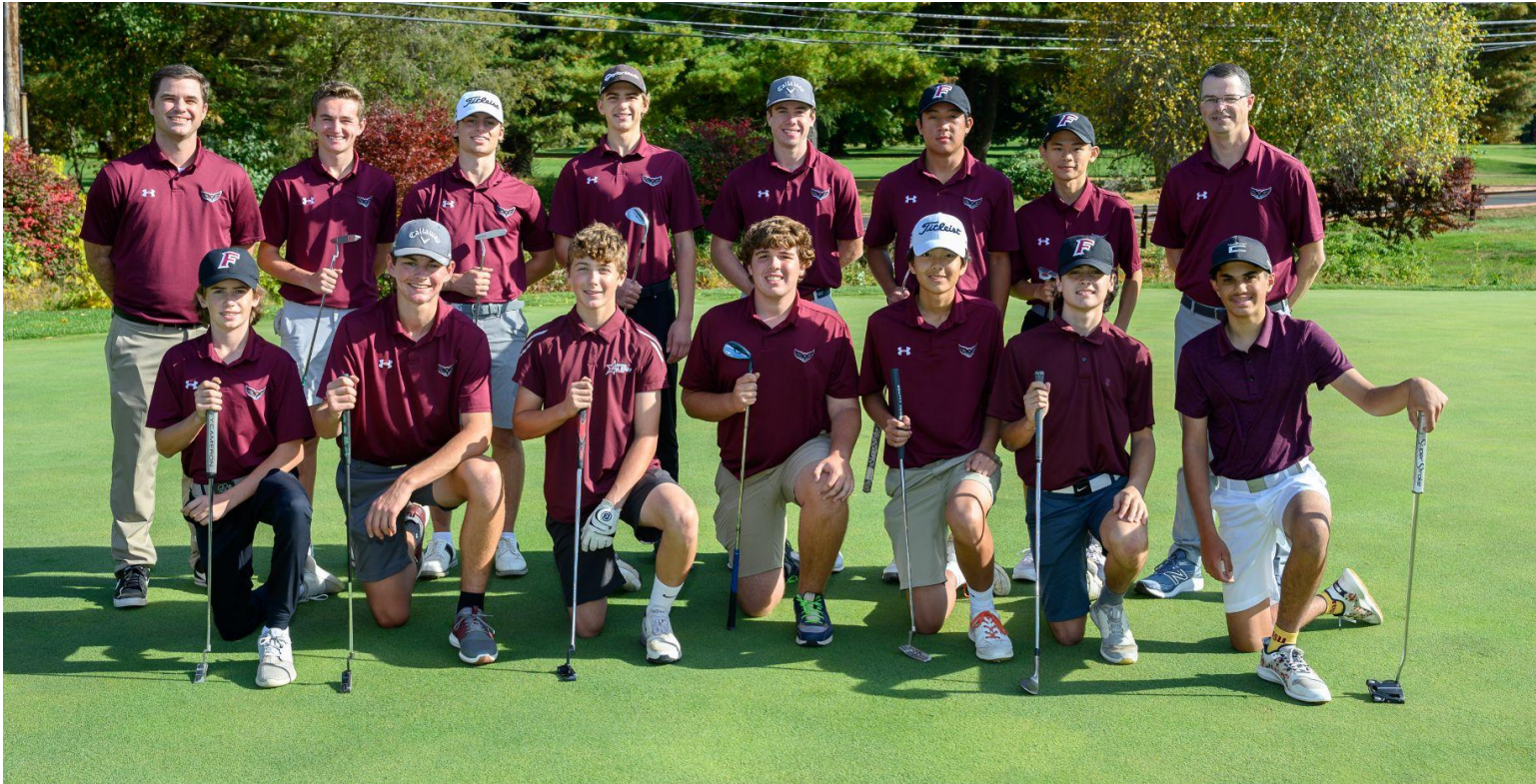
Head Coach: Chris Machol



River Hawks Football

- 3-7 Record
- Highlights:
 - Beat Avon in front of an amazing crowd!
 - Took home the Olde' Canal Cup - Beat Plainville!
- 4 All-Conference Athletes





2022 Boys' Golf

Head Coach: Sean Mongillo



River Hawks Boys' Golf



- 13-1 Record
- Hung that Banner!
 - Won the CCC West Regular Season Championship!
- Placed 2nd in the CCC Championship!
- CIAC Division 1 Runner-up by 1 Stroke!!!
- 4 All-Conference, 2 All-State & New England Qualifier





2022 Boys' Soccer

Head Coach: Nick Boorman





River Hawks Boys' Soccer

- 8-5-3 Final Record
- Represented Farmington:
 - High Character
 - Perseverance
 - Mental Toughness
 - Team Unity
- Lost in the First Round of the CIAC Division 1 Tournament to the eventual Champion.
- 3 All-Conference, 1 All-State





2022 Girls' Soccer

Head Coach: Max Fantl



River Hawks Girls' Soccer



- 9-4-5 Record
- Qualified for CIAC Tourney
- Hosted 1st Rd. (win - Maloney)
- Defeated Southington and tied Glastonbury = Highlights
- 3 All-Conference, 2 All-State
- 1 All-New England & All-American!





2022 Girls' Swimming & Diving

Head Coach: Scott Ferrigno





River Hawks Swimming & Diving

- 9-2 Record
- 8 All-Conference Athletes
- 13 State Qualifiers!
- 5 State Open Qualifiers!
- 400 Free Relay broke the FHS School Record!



River Hawks Unified Sports



Head Coach: Daryl James

- Enjoyed the Fall Season with Special Athletes and Partners!
- Participated in soccer skill clinics and practice!
- Great performances in tournaments at East Hartford, Conard and Glastonbury





2022 Girls' Volleyball

Head Coach: Laura Arena





River Hawks Girls' Volleyball

- Very Young Team!!!
- 8-11 Record
- Won the Silver Bracket at the Volley Hall of Fame Tournament
- Qualified for CCC Tourney
- Qualified for CCC & CIAC Tourney
- 1 All-Conference Athlete



Winter Sports 2022-23 UPDATE



Winter Sports Offerings

- Boys' & Girls' Basketball
- Cheerleading
- Gymnastics
- Ice Hockey
- Boys' & Girls Indoor Track
- Boys' Swimming & Diving
- Unified Sports (Basketball)
- Wrestling



Spring Sports 2023 UPDATE

Spring Sports Offerings

- Baseball
- Boys' & Girls' Crew
- Girls' Golf
- Boys' & Girls' Lacrosse
- Softball
- Boys' & Girls' Tennis
- Boys' & Girls' Outdoor Track
- Unified Sports (Track & Field)
- Boys' Volleyball



Student-Athlete Council



Student-Athlete Council

- Character and Leadership Program
- Group comprised of 40+ Student-Athletes
 - Grades 9-12
- Student driven community outreach to:
 - Farmington Recreation
 - WWUES & IAR (FPS)
 - Incoming 9th graders and transfers
 - Farmington Community
- Meet once a month & students are currently presenting to group on how they will start their outreach efforts!

